THE COUNSELOR

President's Message:
Looking Back, Looking Forward

I am proud to announce that we have officially completed the merger of ORCA and OMHCA (the Oregon Mental Health Counseling Association)! This brings Oregon counselors together into one association, with the increased resources and power to drive for legislative initiatives on behalf of all of us. Through a wonderfully collaborative process, we have developed new by-laws and re-elected officers —which the membership has supported by a 99% margin.

I am proud that your association has been honored with a Best Innovative Practice award from the American Counseling Association for our merger, presented at the ACA Conference in Cincinnati in March.

Maura Roche, our lobbyist, has been doing a tremendous job in navigating the legislation, committee structure, and personalities in the two chambers in Salem, under the guidance of Larry Conner and our Public Policy and Advocacy Committee. This is one activity that our merger has made possible, and it is already clear that Maura is critical to our ability to protect and defend our members in the legislative arena.

Additionally, I am proud to report that under the leadership of ORCA Secretary Margaret Evans we recently held a hugely successful panel discussion event on future career opportunities for graduates, with about 100 attendees. A wonderful turnout!

Next on our to-do list is growing our membership to be more inclusive of the counseling community in our state, all of whom benefit from our legislative work, so that we may continue to ensure our seat at the legislative table.

Events have continued to move forward at what feels like breakneck speed here at ORCA, and it seems extraordinary to me that my presidency year is drawing to an end. I am so excited to have Matt Morscheck take over the role of president on July 1. He brings so many strengths and abilities to the position, not least of which are his enthusiasm, drive, action focus, and leadership qualities. Matt is a former president of the Oregon Career Development Association (an ORCA Division), and he has been leading the OMHCA/ORCA Merger Task Force for the last few months. I cannot imagine anyone better qualified to ensure continuity of ORCA as an active, engaged advocacy association. Welcome and congratulations, Matt!

Finally, I look forward to seeing you all at our conference in Eugene on Nov 7-9. Registration is open so sign up today!

Dominick Robertson, LPC, ORCA President

IN THIS ISSUE

Legislative Updates

If you're a part of our ORCA member listserv, then you've likely heard of the exciting progress made in the state Legislature recently. Members of ORCA's lobbying arm, COPACT, and Government Relations Specialist Maura Roche have been working hard to protect our profession.

Please join the ORCA listserv if you're not already on it (at http://health.groups.yahoo.com/group/OregonCounseling/). Then spread the word to LPCs and LMFTs in Oregon who aren't yet ORCA members. We need to increase our membership in order to fund the continuation of this work!

Below are the most recent updates to two timely and important pieces of legislation that impact counselors in Oregon.

SB 491

Increase Access to Mental Health Services for Teens

This legislation adds LPCs and LMFTs to the list of practitioners in a state mental health care statute that has been in existence for nearly 30 years. How would it impact your practice? Teens seeking mental health services or addiction treatment would be able to consent to their own care if they are 14 years of age or older.

In early March, SB 491 passed out of the Senate Committee on Health Care and Human Services unanimously and passed nearly unanimously on the Senate floor. Senator Chip Shields (D-N/NE Portland) was the "Carrier" on the floor. He requested the Chair give him the bill to carry because he is a social worker and sees himself as a supportive and allied mental health professional.

COPACT members Larry Conner and Wendy Curtis did a great job testifying in Committee and then Larry did a brief media interview following the hearing.

Now that SB 491 has passed through the Senate, it moves onto the House, where it has been assigned to Representative Mitch Greenlick's (D-Portland) House committee.

HB 2768

Licensed Professional Counselors' and Licensed Family and Marriage Counselors' Alignment Bill

Drafted at the request of COPACT, HB 2768 modifies definitions and licensure requirements for LPCs and LMFTs. In March, the bill passed out of the House of Representatives Health Care Committee unanimously and passed nearly unanimously on the House floor. Representative Jim Weidner (R-Yamhill) was the Carrier on the floor. COPACT put out a Floor letter, which was "Stamped" From the Desk of Representative Bill Kennemer (R-Oregon City). Kennemer is currently a practicing psychologist and was president of the Oregon Association for Marriage and Family Therapy over 20 years ago.

HB 2768 has passed through the House and is currently in the Senate, where it has been assigned to the committee on Health Care & Human Services.

The Counselor

Published quarterly by the Oregon Counseling Association.

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Highlights

From the 2013 ACA Conference

Matt Morscheck stands in the middle, among other ACA region chairpeople.

Can you imagine it? 4,000+ counseling professionals from around the world gathered in one giant convention hall excited to learn, share, network, and recharge! This was the experience at the opening session of the annual American Counseling Association Conference & Expo, held this past March in Cincinnati, OH.

It was my honor to represent ORCA at the conference, and I wanted to share a few highlights:

• Accepting, on behalf of ORCA, the ACA Best Innovative Practice Award: For ORCA's work to reunite with OMHCA in our state, we were recognized with an ACA Award. The swanky evening awards banquet hall was filled with famous faces in our profession, and I felt honored to represent us and also very proud of the work that we have done in Oregon.

• Actor Ashley Judd, Opening Session Keynote Speaker: Ashley Judd shared a thoughtful and articulate account of her journey to overcome childhood grief. She shared her experience and her message of strength and hope to a rapt audience and highlighted the important role of counselors in her story.

• Western Region Activities: Along with other leaders in the Western Region, we staffed a booth in the exposition hall where we connected with participants from the Western states. Our Western Region business meeting included reports of the impressive activities happening in each of our branches. Western Region leaders connected over dinner on the last night of the conference. For fun, each of us wore Hawaiian leis throughout the conference in anticipation of next year's ACA Conference happening in our region–Honolulu, Hawaii!

I do hope that you will consider saving up to attend the 2014 ACA Conference in Hawaii. You won't regret it!

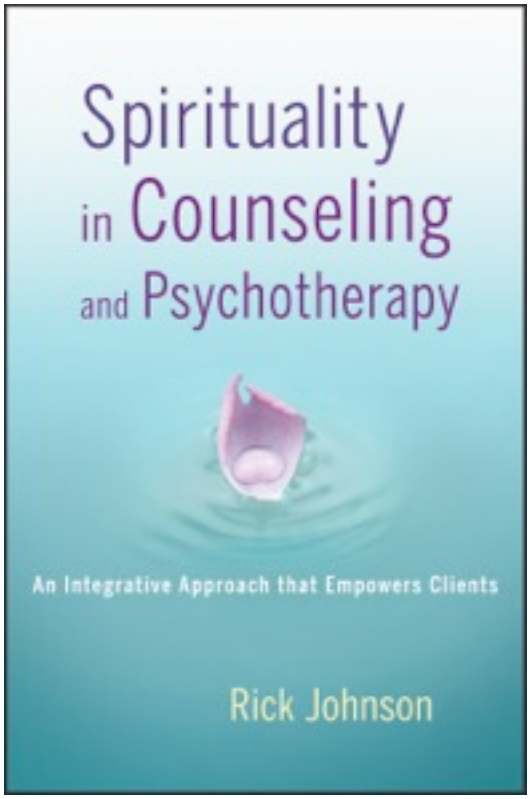
Matt Morscheck, MS, LPC
ORCA President-Elect

Spirituality in Counseling

New Book Guides You in Empowering Clients

By Raina Hassan

For many counselors, the idea of integrating spirituality in counseling seems a daunting and complicated venture. Is it appropriate to address spiritual and religious issues in therapy? How can you do this without imposing your own beliefs and values onto your clients? How should you deal with clients who espouse spiritual and religious beliefs and practices that you view as unhealthy? How can spiritual and religious beliefs and practices be integrated with traditional therapy approaches? The questions seem endless.



Fortunately, you have resources.

Spirituality in Counseling and Psychotherapy: An Integrative Approach that Empowers Clients, written by Portland-based psychologist and chair of the PSU Counselor Education Department Rick Johnson, is a practical and thoroughly engaging resource to help you with this process. In addition to addressing the above questions and more, the book:

- Explores select psychological theories, including Freudian, Jungian, object relations/ attachment, interpersonal, humanistic, control-mastery, internal family systems, dialectical behavior therapy, transpersonal/integral, and life span development
- Provides perspective on why clients disconnect from spirituality
- Discusses how you can help clients utilize a life-affirming spiritual practice to increase their coping
- Offers five key steps to helping clients use spirituality in therapy
- Integrates a variety of psychological models with spiritual themes and research to explain how you can practice spiritually oriented therapy.

Spirituality in Counseling and Psychotherapy also offers numerous real-life cases throughout. The book is available for order on Amazon.com or directly through the publisher, John Wiley & Sons, at Wiley.com or 1-877-762-2974.

Raina Hassan is a third-year student in PSU's Counselor Education program and an intern at Lutheran Community Services Northwest in Portland.

Integrating Psyche and Landscape

The Emerging Field of Ecopsychology

By Patricia H. Hasbach, Ph.D.

We need nature for our physical and psychological wellbeing. We always have. As a species, our bodies and minds came of age interacting with abundantly diverse and wild nature. Those interactions shaped the human psyche and nurtured our bodies, minds, and souls. But in our modern, urban, technological society, we have largely forgotten that this is so, resulting in a disconnection from the natural world. What are the costs of this forgetting? How might we find our way back to a relationship with the greater-than-human world?

Can our "ecological self" and our "technological self" be integrated into a healthy balance? How can we hope to conserve our native habitats if we don't know or care about them? As we spend increasingly more time in front of screens and in virtual worlds, how do we maintain our sense of belonging and our "sense of place"? These are but a few of the questions the emerging field of ecopsychology seeks to address as it explores the human-nature relationship.

The McKenzie River

Ecopsychology is a growing field of inquiry concerned with the relationship between humans and the natural world of which we are a part. A central assumption of ecopsychology is that our inner world and the outer world are intimately connected.

I'll share a personal story here. I live on the banks of the McKenzie River in the foothills of the Cascades in western Oregon. The McKenzie River is home to salmon and steelhead. Bald Eagles, Osprey, and Great Blue Herons fly up and down the river daily. Cougar, deer, and elk are part of my home community. One rainy, cold morning in February 2006, I was awakened by the sound of chainsaws and I noticed strange moving lights partway up the mountain across the river from my home. By day break, more equipment arrived and the fate of the land on that slope became obvious—it was being clear cut. I watched for three days as the trees fell like matchsticks. It was heartbreaking. Within a week, the earth across the river was skinned. Several of us that live in the area hiked to the logged site. We felt the pain—our own, each other's, and the Earth's. Logging in western Oregon is a complicated issue.

You (and your clients) have stories, too. Your story might be about the loss of a favorite place to development, or the degradation of a stream or pond by pollution, or perhaps the disappearance of a special childhood haunt. It is experiences like these that led me to understand the need for an expanded context in which to focus my work as a therapist. Ecopsychology recognizes the environmental context in which we live and asks, "Does it matter to us psychically what is happening to the Earth and to the other creatures with whom we share this planet?"

Traditionally, mainstream psychology has stopped at the urban boundary and its focus has been primarily on the human-to-human interactions within a social context. Ecopsychology expands our definition of "home" beyond the walls of a structure, beyond the urban boundaries of our cities and towns—to include the natural world in which we live.

Ecopsychology recognizes that one of the central challenges of our time is to embrace our kinship with the more-than-human world—our "totemic self"—and integrate that kinship with our scientific culture and our technological selves. True sustainability will require that we re-envision the human-nature relationship and recognize the importance of that relationship for human flourishing.

Patricia H. Hasbach, Ph.D., LPC, has a private practice in Eugene, Oregon, and is a faculty member at Lewis & Clark College and Antioch University Seattle. She recently published two books with MIT Press: Ecopsychology: Science, Totems, and the Technological Species *(2012) and* The Rediscovery of the Wild *(2013).*

Dates	Education	Location
NOV. 7-9	19 CEs	EUGENE

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www.regonline.com/ORCA2013

Making Your Practice Paperless . . .

While Remaining HIPAA Compliant

By Roy Huggins

Earlier this year, we received a query from an ORCA member who wanted to have a paperless office and keep records entirely on a computer or tablet (e.g., an iPad or Android tablet.) This is a very real possibility and certainly is the future of health care. We do have to proceed thoughtfully, however, with a mind toward caring for our clients' privacy as well as protecting ourselves from liability in light of HIPAA.

My response included a lot of technical advice and leaves out some implementation details in consideration of space requirements. If you wish to see a more detailed description of how to put this technical advice into practice, I have put together a comprehensive resource page here: http://www.zurinstitute.com/hipaasecurity_resources.html. While that page is associated with an online course, there are no fees, sign-ups, or anything required to access it. You may use it as you please.

To summarize my response to the query from our member, it is important to know if you are a HIPAA covered entity. Only covered entities are legally mandated to comply with HIPAA. Either way, however, it would be wise for you to be compliant with the HIPAA Security rule from the get-go, since it effectively defines the standard of care for security and privacy in health care. Here's a resource where you can learn about the idea of covered entities: http://www.cms.gov/Regulations-and-Guidance/HIPAA-Administrative-Simplification/HIPAAGenInfo/AreYouaCoveredEntity.html

If you wish to keep records on your computer, you'll need to secure it. You need to activate a firewall, get anti-virus, set up the computer to log you out when the computer is idle, and encrypt the hard drive. Full-disk encryption is the only type of hard-drive encryption that is guaranteed to stand up to scrutiny. How you do these things depends a lot on your exact situation. If you're not sure how to do these things yourself, you'll probably want to get a professional geek to help you.

If you keep records on your computer, you'll also need to keep regular, diligent backups of all your records. The backup devices need to also be encrypted. You can buy encrypted external hard drives and USB thumb drives. Those are probably easiest if you wish to make your own backups. Store them somewhere secure, and preferably store them "off-site," as in not in the same place you store your computer. Alternatively, you can use encryption software to encrypt normal thumb drives and hard drives.

Returning Veterans Project Needs Licensed Mental Health and Somatic Practitioners

Returning Veterans Project is a nonprofit that asks licensed and insured mental health practitioners, massage therapists, acupuncturists, chiropractors and naturopaths to open a pro bono slot in their practice to provide free, confidential services for Iraq and Afghanistan War veterans and their families in Oregon and SW Washington.

We welcome providers who want to work with us to serve and support our newest generation of veterans and their families. You must be insured and licensed with professional office space. Supervised Interns working toward licensure may be eligible.

For more information and to apply, visit: **www.returningveterans.org/for-providers**, call **503-954-2259** or e-mail to **mail@returningveterans.org**.

Returning Veterans Project
free counseling and other health services for returning veterans and their families

Paperless Practice continued...

You can also use an on-line backup system like Carbonite or SOS. That's probably easiest and most effective, but usually more expensive than keeping your own backups. You'll have to use the "HIPAA Compliant" features, however, where the backup company doesn't have copies of your encryption keys. This means only you will be able to recover your backed up files.

Another option is that instead of keeping the records on your computer, you use an online (sometimes called cloud-based) health record system. This has several advantages: you can use it on your computer or iPad, the company keeps backups for you automatically, and sometimes you get extra features like secure messaging with clients. Here is a good review of some practice management systems, many of which include health record keeping: http://www.tameyourpractice.com/tags/cloud-software-series

Even if you use a cloud-based record system, remember that you need to use a computer or tablet with proper security to access your record system. That means you need the firewall and the anti-virus, although you may not need the encryption. You definitely need a password. The iPad secures itself quite well if you use a strong password that is at least 10 characters long and you activate Data Protection.

Finally, document every little thing you do. Remember: if you didn't document it, it didn't happen!

If you have questions about technology in clinical practice that you'd like to see addressed in future newsletters, email them to technology@or-counseling.org. I can't guarantee I can answer every question here, but I'll give it my best shot.

Roy Huggins, MS, NCC, is the ORCA Technology Chairperson. He also owns a private practice, where he counsels individuals and couples in downtown Portland.

On the Hunt

The first ORCA Job Hunt event, featuring a panel of counseling professionals in hiring positions, was a big success. More than 100 new graduates and counselors seeking employment listened attentively to advice from the distinguished panelists: Mike Siegel, Director of Clinical Services at Cedar Hills Hospital, Jan Eaton-Bennette, Clinical Manager at Morrison Child & Family Services, Andrew Davis, Intake Supervisor at Sequoia Mental Health Services, Daryl Quick, President and CEO of Western Psychological and Counseling Services, and Lynne Nesbit, Founder and Director of Wise Counsel and Comfort.

Discussions included how to make your resume stand out, what to convey in the interview, the importance of clinical specialization versus broad work experiences, and which provider settings might expand when the new health care regulations are in full force. ORCA sincerely thanks our generous panelists for their time, expertise, and compassion for the newest members of the counseling profession.

Board members and gracious volunteers: Margaret Evans, Virginia Hood and Jenny Pugh

Help Clients Identify Work Values & Rewards

And Why It Matters

By Anne Bryant, MA, LPC

A version of this piece first appeared in the Portland Career Counselors in Private Practice Blog, "Career Transitions: The Inside Job."

Do you have clients who are trying to make decisions about what jobs to apply for, what types of companies or organizations to explore, or what their next career will be? There are many parts to self-assessment that might be considered: their skills, interests, previous education and training, experience and temperament. Other career assessment tools, such as the Strong Interest Inventory, show patterns formed earlier in life that are fairly stable over time. Work values change as we mature, just as ideals may change from when we were in our teens or 20's until now. One important piece of the career puzzle which may be overlooked is the answer to the question, "What rewards do I want from work?"

Many clients I meet in my practice are so worried about money and so tired of job searching that the only criteria they apply to a possible job or employer is: "Will they hire me?" Although I have empathy for those feelings, having been there myself, this is similar to getting engaged to someone "because he/she asked." Of course you wouldn't commit yourself without knowing a whole lot more about yourself as well as the other person. Vows are seldom exchanged when clients get hired, but it still pays to be clear about what matters most to both parties.

Your clients increase their chances of satisfaction with their work and perhaps their lives by finding a good match between their work values and ethics and those of employers. It also means they will likely be motivated to work harder and learn new things. Although there are no guarantees, this attitude might

continued on next page...

be the one thing under their control that will help them advance might and offer a chance at illusory job security.

Tools to clarify values:

Ask your client to make a list of characteristics of two kinds of jobs from the past: those that they loved, and those they loathed. Why? Was it just the personalities involved or something else? If they never had a job they loved, invite them to describe the negative experiences, and ask, "What's the opposite of this?"

For example, if you were treated with disrespect or passed over for your contributions, the opposites would be respect and recognition. What kind of recognition matters to you personally? The corner office, your name on a parking spot, a big bonus, or a quiet compliment from someone whose work you admire? Clients should be as specific as possible when they describe what they want, in session with you, in a journal, or talking with friends or family members.

Another approach to this task can be found in an article by Randall S. Hansen. It offers a list of work values and a way to narrow it down to a few 'deal breakers' that might become your client's personal yardstick for measuring opportunities. The 'deal breakers' are those essential rewards and satisfactions that matter the most and that they are unwilling or unable to compromise.

When clients have trouble prioritizing because they want many items equally, here is a unique website that can guide them. This tool was first offered in *What Color is Your Parachute? A Practical Manual for Job Hunters and Career Changers* by Richard Bolles (2011), who publishes an updated version every year. By way of a clever comparison technique, the tool enables them to learn about what their true top priorities are.

These exercises offer many benefit for your clients. Knowing their current top priorities can guide the questions a client might ask when networking or interviewing for information. It will help them answer interview questions such as "Where do you see yourself in five years?" or, "Do you have any questions?" When clients have done their homework about the mission and core values of an organization, and can connect what they care about with what's important to the employer, they will stand out from the crowd of applicants. Understanding their work values will not by itself answer all the questions your clients have about what types of jobs, careers, or education they should pursue. However, it could help to use these tools if they are feeling restless, bored, or unhappy with their present work, or if they are trying to make decisions about the future.

Anne Bryant, MA, LPC, has a private practice in Portland, offering personal counseling for individuals and couples, as well as career counseling. http://www.annebryantcounseling.com

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Collaborative Consulting with Healthcare Providers

By Karen Hixson, M.Ed., LPC

As an LPC, LMFT, Registered Intern, or counseling student in training, it is often necessary and helpful to consult with your client's other treatment providers. These may be psychiatric mental health nurse practitioners (PMHNPs), psychiatrists, primary care physicians, gynecologists, naturopathic physicians, or other allopathic, complementary, and alternative healthcare providers. I have found it beneficial to reach out to additional providers on my client's team in order to enhance the work with my client, to understand the rationale behind their medication regimen/treatments, and to build community with other treatment providers. Below are some benefits, challenges, and helpful guidelines for consulting with other treatment providers.

Benefits of Collaboration

• Improved support for your evolving conceptualization & treatment plan

• Shared information to help facilitate each provider's care of client

• Increased continuity of care across providers

• Clarification of your different approaches to the client's presenting problems in order to decrease misunderstanding and a devaluation of different treatment philosophies/modalities

Challenges of Collaboration

• Communication across different paradigms and treatment modalities (medical model vs. a non-pathologizing model)

• Connecting in a timely fashion (we're all very busy!)

• Discrepancies in how informed each provider may be. Other treatment providers may not be fully informed of your client's background and may not have as deep an understanding of the complexity and layers that you do as the primary counselor.

• Insecurity that you will be perceived as "less informed" because you do not provide medication or medical care. While you may be treated this way in some instances, I have only experienced this on rare occasions when approaching other medical providers with an intention of collaboration.

Guidelines for Setting Up a Consultation

• Discuss the possible benefits and drawbacks of the consultation with your client and obtain a Release of Information (ROI).

• Fax the ROI to the treatment provider with a cover letter indicating you would like to consult regarding the client's care.

• Set up a phone appointment time for consultation to work around "phone tag" and avoid delays.

• Have your client's information handy during the call (electronic medical record, birthdate, relevant notes, etc.)

• Set the tone for positive collaboration: "I like to work collaboratively when it comes to our work with this client; I appreciate the chance to consult."

• Keep it focused. Ask, "What information would be helpful to you regarding this client or the work this client and I are doing together?" Or, if you are initiating, "Here is what I'm most concerned about/curious to know/eager to share with you about our client."

• Use discretion: be client-centered, mindful, and intentional throughout by asking yourself, "How would the client feel if they were overhearing this conversation?"

Karen Hixson is a supervisor and educator based in Portland. She is chair of the Oregon Association for Counselor Educators and Supervisors on the ORCA Board.

A Hidden Addiction

By Philip Yassenoff, MEd, LPC

Chances are that you have treated a problem gambler, whether you were aware of it or not. Addictive gambling, which is present in about 3 percent of the population, often remains hidden from loved ones and professionals until the problem is seriously out of control. Many addictive gamblers may come to counseling for depression, anxiety, relationship problems, other addictions, debt issues, and legal problems—and may never reveal that the nucleus of these concerns is a gambling problem.

Over the years, society has learned that drug addiction is not the result of a failure of will power. Excessive gambling, however, is still tinged by that antiquated view. Even though we have ample indication that brain chemistry plays a strong role in both drug and gambling addiction, it's simply easier for many folks to understand that brain chemistry is altered when a drug is ingested and harder to accept that gambling behavior is anything but willful self-destruction. This stigma, coupled with financial devastation and the compelling emotional pull of addictive gambling, can make it very difficult for a gambler to admit to the problem or seek treatment for it.

Counselors are in a unique position to help clients speak the truth, to themselves and others, and begin to recover. To that end, we must ask clients about their gambling. Have they ever gambled more than they intended to? Have they ever been less than honest about their gambling? Affirmative responses to these and similar questions demonstrate a need to look deeper into the impact of a client's gambling, and, if appropriate, make a referral for specific treatment.

Oregon has many access points to gamble. Most problem gambling clients report Video Lottery Terminals (VLTs) as their primary method. VLTs include both video poker and "line games," commonly known as slot machines. A small percentage of monies from these and other lottery revenue fully fund problem gambling treatment. Oregon problem gamblers and/or their significant others are provided with totally free treatment throughout the state at designated programs and agencies.

Problem gambling treatment in Oregon dates back to the early 1990s. Cascadia's Problem Gambling Services is one of the original programs and one of the largest, serving two counties. Likewise, there are a number of small and equally effective programs throughout Oregon. All of them can be accessed by calling **1-877-MY-LIMIT,** the Problem Gambling Helpline.

It is vital to remember that problem gambling treatment can be quite effective and that it is entirely free to Oregon residents—whether they are a problem gambler or a loved one of a gambler. Problem gambling has become one of the hidden public health issues of our time. Counselors can make a real difference in helping their clients face the challenge of this addiction.

Philip Yassenoff is the program manager of Cascadia Problem Gambling Services.

www.cascadiagamblingtreatment.org/

OVERHEARD

SOME SNIPPETS FROM ONLINE MEMBER DISCUSSIONS:

LinkedIn: On making your practice HIPAA Compliant

"Under HIPAA, you can avoid having to report 'breaches' like losing your laptop if your gear has 'Safe Harbor'-level security. Here's how to get that for your computer, possibly without spending a dime. "
-posted by ORCA Technology Chair Roy Huggins

TUNE IN by becoming a LinkedIn Group member:

http://www.linkedin.com/groups?gid=2467168

Facebook: Regarding the Job Hunt Panel Discussion

"Thanks to all of the panelists and volunteers! I appreciated the great information and relaxed atmosphere!" - Kim Larson Edgar

TUNE IN and "like" our page to get newsfeed updates:

http://www.facebook.com/OregonCounselingAssociation

TUNE IN to our Twitter feed as well:

https://twitter.com/OregonCounselor

Yahoo Groups: Interview with service-disabled, Native American female veteran

On our e-mail listserv, Derek Neuts, Director and Veteran Reintegration Consultant at the Institute for Veteran Cultural Studies, shared a radio interview with Elizabeth Perez-Halperin, veteran and entrepreneur. The interview features Perez-Halperin, who is the President and Founder of GC Green Incorporated, a member of the North Fork Mono Indian tribe located in California, and a 9/11 service-disabled veteran from the United States Navy. She serves on the San Diego State Sustainability Advisory Board as a job creation champion and is Chairman of the Board of the Jonas Project.

Join our group to get regular e-mail news updates:

Go to http://health.groups.yahoo.com/group/OregonCounseling/ and click join now.

SAVE THE DATE

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in Portland, Oregon
A 4-day Externship in Emotionally Focused Therapy for Couples
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Early bird and limited student discounts.

Check www.eftoregon.com for more information and for registration.

Oregon Counseling Association 2013 Leadership Roster

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President@or-counseling.org

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PresidentElect@or-counseling.org

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Technology: Roy Huggins
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OCDA President: Christine Lundeen
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If you are interested in becoming a working member on the board, please contact President Dominick Robertson for more information at: President@or-counseling.org